
Minimalist Baby Essentials

Baby Gear

DockATot
Pack 'n Play
3 sheets for Pack 'n Play

Baby Clothes

1 dozen Onesies
2-3 baby gowns
2-3 cotton hats
3-4 cotton pants
4-6 pair baby socks

Other

2-3 teethers
2 muslin blanket
6 flannel receiving blankets
1 soft Minky blanket
1 baby swaddle
1 White noise machine
3 bottles (if bottle feeding)

For Mom

2-3 nursing tanks
Lasinoh breast ointment
Breast gel pads
Nursing pads
Depends (these are awesome!)
Ready to eat protein snacks (nuts, energy bars, dried fruit)
Water bottle for nursing

Out and About

1 ring sling
1 Ergo baby carrier
1 car seat
1 diaper bag or backpack